



# LEARNING IN FITNESS AND EDUCATION THROUGH SPORTS (LiFE SPORTS)

## Purpose

The Learning in Fitness & Education through Sports (LiFE Sports) Initiative is an innovative youth development project developed through a partnership between the Department of Athletics, the College of Social Work, Department of Recreational Sports and other on-campus and community partners. The Initiative aims: "to enhance the quality of youth development, sport, and recreational programs through service and outreach, teaching and learning, and research, thereby increasing positive developmental outcomes for youth."

## Impact

As part of LiFE Sports' service and outreach focus, youth from economically disadvantaged circumstances (ages 9-15) are offered sport and social skill instruction during a one-month summer camp.

From 2009-2012, LiFE Sports provided a summer camp for 2,130 youth, a youth leadership camp for 127 youth ages 16-18, over 800 health physicals, 18 sports clinics attended by 672 youth participants, and three college/career days.

LiFE Sports provided hands-on experience to 181 OSU students in the field of youth development.



## OHIO STATE COLLEGES/UNITS INVOLVED

DEPARTMENT OF ATHLETICS  
COLLEGE OF SOCIAL WORK  
DEPARTMENT OF RECREATIONAL SPORTS  
COLLEGE OF FOOD, AGRICULTURAL AND ENVIRONMENTAL SCIENCES  
COLLEGE OF EDUCATION AND HUMAN ECOLOGY  
COLLEGE OF NURSING  
COLLEGE OF DENTISTRY  
PHYSICAL ACTIVITY AND EDUCATIONAL SERVICES  
UNDERGRADUATE ADMISSIONS  
FIRST YEAR EXPERIENCE  
OFFICE OF STUDENT LIFE

## COMMUNITY PARTNERS INVOLVED

BOYS AND GIRLS CLUB OF COLUMBUS  
CARDINAL HEALTH  
CENTER FOR LATIN HOPE  
AFTER SCHOOL ALL-STARS  
COLUMBUS CITY SCHOOLS  
COLUMBUS CREW  
I KNOW I CAN  
PURDUE UNIVERSITY

## CONTACT

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